

**CLAIREMMONT FRIENDSHIP SENIOR CENTER
VOLUNTEER APPLICATION FORM**

DATE _____

NAME _____ PHONE _____

ADDRESS _____

MOST CONVENIENT TIME TO WORK
MON. TUES. WED. THURS. FRI.

AM					
PM					

OCCUPATION _____

HOBBIES/INTERESTS _____

EDUCATION _____

VOLUNTEER EXPERIENCE _____

DO YOU HAVE COMPUTER SKILLS? YES NO

WHERE WOULD YOU LIKE TO VOLUNTEER?

OFFICE NUTRITION/KITCHEN ASDC

REFERENCES - TWO PERSONS UNRELATED TO APPLICANT

NAME _____ PHONE _____

NAME _____ PHONE _____

VOLUNTEER JOB DESCRIPTION

LiveWell San Diego is a multi-service center located at 4425 Bannock Avenue, San Diego, CA 92117. It acts as a focal point in the community where older persons as individuals or in groups come together for services and activities, which enhance their dignity, support their independence and encourages their involvement in and with the community.

Volunteers are asked to make a commitment of at least one half day a week for six months. On-the-job training is provided to everyone in addition to occasional special workshops when appropriate.

Volunteers will be assigned to the following positions:

FRONT DESK AND GREETER: (4 HOURS PER DAY) - Greet all; participants and provide information about the services and activities provided by the project. Answer questions on the telephone and in the office concerning activities and services available in San Diego County to older adults.

NUTRITION/KITCHEN AID: (3 HOURS PER DAY) – Assist dining aide in setting up food serving counters, serving food and general cleanup after lunch has been served.

ADULT SOCIAL DAY CARE: Can you lend a warm heart, gentle voice, listening ear and helping hand? Make each day more positive and less lonely for a tender senior. Assist with crafts, games, bingo or music.